

Poison Control

- If you believe your child has ingested something poisonous call the Poison Control Center immediately on 1800-222-1222.
- If your child has collapsed or is not breathing, call 911 immediately.

Food Safety

- Never warm baby bottles in the microwave, instead place it in warm water.
- Avoid choking hazards such as nuts, seeds, popcorn, raw carrots, whole grapes, hot dogs and sausage links until the age of 2.
- Cook all meats, poultry and sea food thoroughly to avoid food poisoning.
- Do not offer young children unpasteurized milk or cheese products made from unpasteurized milk.

Safety Checklist

- Emergency Numbers
- Smoke and Carbon Monoxide Detectors
- Outlet Covers
- Child Safety Gates
- Cabinet and Drawer Latches
- Door Knob Covers
- Corner Guards
- Toilet Seat Latch



Child Home Injury Prevention and Safety Program

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The Safety of Your Child

is in your hands



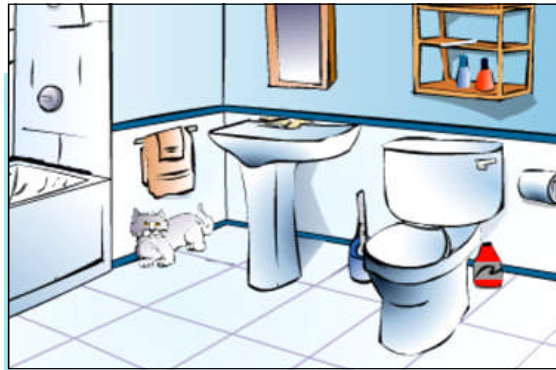
**Bright ideas
to keep your
child safe**

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& Human Services.**

Your love and attention is what your baby needs the most. We hope these tips can help create a safe environment for your child.

In the kitchen

- Drink hot beverages from a travel mug to avoid spills and burns.
- Use placemats instead of a tablecloth so little hands can't pull everything down to the floor.
- Turn the temperature of the water heater down to 120 degree F or lower to prevent scalds from taps.
- Always use the back burner of the stove to cook and turn handle inward.
- Never leave your child alone in a high chair and always use safety straps.
- Push electrical appliances away from counter edges.
- Wash the cutting board thoroughly after cutting meat on it or keep separate cutting boards for meats and



- Install a toilet lock to keep the toilet lid down when not in use.
- Never leave your child alone in the bathtub to attend to anything else.
- Keep all the medicines and vitamins in their original child resistant containers locked out of sight and reach.
- Keep bathroom cleaning products locked away by using cabinet and drawer latches.
- Use door knob covers on bathroom doors to prevent your child from locking himself or herself in.
- Get nonskid mats or strips for the bathtub or shower.
- Always empty buckets and bath tubs.

Bathroom hazards

Around the house

- Remove potential choking hazards from sight such as small toys, coins, batteries etc.
- Install child gates at the bottom and top of any staircase.
- Use outlet covers on all electrical outlets.
- Secure furniture and large bookcases to the wall to prevent it from tipping.
- Use corner guards on the edges of furniture.
- Install smoke detectors and carbon monoxide detectors in your home.
- Make sure all the windows have window guards especially if you live on a higher floor and wrap any dangling cords from blinds.

