



Hudson Perinatal Consortium, Inc.  
Annual  
Report  
2009



*Caring*

for women, infants and  
children in Hudson County.



Hudson Perinatal  
Consortium, Inc.

*Our mission is...*

**“To meet the healthcare needs of women, infants and children in Hudson County, while coordinating education, outreach, and advocacy through regional planning and collaboration.”**

Under license from the New Jersey Department of Health and Senior Services, HPC serves as the lead-planning agency for maternal and child health services in Hudson County.

**Hudson Perinatal Consortium, Inc.**

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# Programs and Services

## **CHIPRA: Children's Health Insurance Program Reauthorization Act**

In November, 2009 HPC was authorized by the New Jersey Hospital Association as a CHIPRA pilot site to provide outreach, community education as well as application assistance to families seeking to enroll in NJ Family Care. In 2009, HPC staff received NJ Family Care training which included an update of new eligibility criteria and legislative policies. Enrollment and educational activities will commence in 2010.

## **Healthy Mothers/Healthy Babies Coalition of Jersey City**

The Jersey City Healthy Mothers/Healthy Babies Coalition has contributed to decreasing infant mortality through education and outreach initiatives that target women and families of childbearing age. Initiatives included the management of referrals from community health centers and hospitals for social support, referrals to community services, home visitation, individualized support for pregnant and parenting adolescents, and workshops on pertinent public health topics that effect the health of

women and infants in Jersey City. The initiative also coordinated community-based educational activities including Pregnant Pause, the Game of Life and waiting room presentations. In 2009 the Coalition funded Horizon Health Center to reduce the barriers to maternity and reproductive health care services for women in Jersey City. Quarterly



newsletters were distributed to **5,000** residents and providers to increase the awareness on perinatal and pediatric health issues.

HMHB Health Educators acquired **315** new clients in 2009. They conducted **1,036** home visits to provide social support, resources, referrals and assess the adequacy of home for infant care. They conducted **86** prenatal educational activities and programs that educated **2,074** women.

**Sixty-three** pregnant women were brought into prenatal care. Throughout the year all of the women who missed prenatal appointments were brought back to care. In 2009, **616** one-on-one educational activities were conducted for pregnant and parenting women. HMHB staff attended **32** community health fairs and distributed educational information to **6,715** county residents. The HMHB Coalition organized a Family Fun Day that **75** families attended with their children. The event offered a relaxed fun and educational environment for parents and children.

The Teen Health Initiative educated pregnant and parenting teens during the school day. Through collaboration with the Jersey City Board of Education, **43** presentations were conducted throughout the school year for **125** pregnant and parenting students. Educational topics included: infant mortality, breastfeeding, childbirth education, STIs, UTIs, signs and symptoms of preterm labor, parenting, stress reduction, birth control, prenatal care, PPD, anatomy and reproductive health options. The Game of Life was held at Dickenson high school where **300** students attended and **18** community-based agencies participated.



## Christine

*Help with a  
high-risk  
pregnancy...*

Christine is a 23 year old Caucasian woman who was referred to HPC's Healthy Mothers/Healthy Babies Program, which provides individualized care during and after pregnancy through home visits, case management and referral services. Christine went through many difficult experiences throughout her high risk pregnancy but with the support of HPC's Health Educator, Christine was able to learn how to cope with stress. She had a healthy baby girl.

## Immunization Initiative

Immunizations are critically important to protect children from preventable diseases. The focus of the immunization initiative is to recruit and train pediatricians and their staff to utilize the New Jersey Immunization Information System (NJiIS), which is the state's online immunization registry. The online registry helps providers obtain a complete and accurate immunization history for a new or continuing patient, produce immunization records, reduce paperwork, manage vaccine inventories and introduce new vaccines or changes in the vaccine schedule. The immunization registry also enables parents to remember when immunizations are due and obtain an accurate immunization history for day care, school, camp entry requirements or for personal use.

In 2009, Hudson Perinatal was responsible for the recruitment and training of pediatric providers in Hudson, Bergen and Passaic counties and added **29** new sites on the NJiIS registry and retrained **66** sites.

The total number of Vaccines for Children (VFC) providers who give vaccinations in Hudson County is **96**. Out of the 96 VFC providers 75% (72) of sites were trained on NJiIS. In Bergen County out of the 95 VFC providers 71% (67) of sites were trained on NJiIS. Out of the **87** VFC providers in Passaic County 68% (59) of sites were trained on NJiIS by the end of 2009.

## Free Pregnancy Testing

The cost associated with obtaining a pregnancy test has been a barrier for many women in Hudson County. For **16** years, HPC has provided free and confidential pregnancy tests. Women are interviewed prior to the test to identify risk factors and connect them to necessary social services. Following the test, appointments for either prenatal, gynecological, or family planning services are made by HPC staff. In addition, each woman is taught how to do a breast self exam. More than **1,804** free pregnancy tests were administered in 2009.

## Hudson Breastfeeding Initiative

The Hudson Perinatal Breastfeeding Initiative encourages breastfeeding among women in Hudson County. The initiative includes prenatal and postpartum classes, postpartum consultation, a peer counselor hospital visitation program, telephone support and follow up, and home visitation. Breastfeeding mothers in the community are trained as peer counselors and provide community education through classes, individualized instruction, health fairs, and community baby shower events. The breastfeeding initiative collaborates with other Hudson Perinatal Initiatives to provide breastfeeding education to participants in all the programs of Hudson Perinatal Consortium. A total

of **525** classes were offered in 2009 reaching over **3150** women. An additional **6740** postpartum and prenatal counseling sessions were provided to women enrolled in the Women, Infants, and Children Program.


## **Hudson County Celebrates Breastfeeding**

As part of World Breastfeeding Week, the Hudson Breastfeeding Initiative held a public health fair attended by **350** participants at Pier A Park in Hoboken. All breastfeeding-related services offered in Hudson County were highlighted. Breastfeeding Peer Counselors and Certified Lactation Counselors provided individual breastfeeding education and counseling. WIC nutritionists offered education and counseling on prenatal and infant nutrition and the benefits of breastfeeding as a prevention measure to reduce the incidence of childhood diabetes and obesity. Mothers and their breastfeeding babies were given “Got Breastmilk” onesies, educational materials, “Breastmilk is 100% Natural”/”Leche Materna es 100% Natural” shopping bags and bracelets. Organic fruits, vegetables, and locally made organic baked goods were also provided. Numerous prizes including prenatal massages, infant slings, bathrobes, breastfeeding books, gift certificates for toys and infant clothing, and many others were awarded. Thanks to the generosity of Devotion Yoga studio we also had a Mommy and Me yoga session that was enjoyed by many.

## **Perinatal Addictions Prevention Project**

Prenatal exposure to alcohol, tobacco and other drugs during pregnancy can have lifelong consequences for the developing fetus. This project focuses on





identifying pregnant women who are at risk for using substances and may need treatment services to ensure a healthy mom and healthy baby. Through this statewide initiative, a standard screening tool has been implemented in all Hudson County prenatal clinics along with a few private physicians. In 2009, **3,055** women were screened for their risk of substance use. Professional and community educational programs are also an important part of this program. In 2009, **26** educational programs provided information to **714** individuals. In addition, informational brochures were distributed at **43** health fairs and community events, reaching over **7,264** Hudson County residents.

## **Child Home Injury Prevention and Safety (CHIPS)**

One of the leading causes of death in children is unintended injuries. In response to this, The Consortium developed the CHIPS program. In 2009, Health Educators conducted **188** home safety assessments visits order to prevent infant and child injuries due to electrical shock, accidental poisoning and burns, a fall down stairs, carbon monoxide or fire hazards. Health Educators distributed **535** safety kits and products, including carbon monoxide and smoke detectors, health care kits, window blind cords, furniture wall straps and oral care kits. Over **1,000** safety brochures in English and Spanish were distributed through health fairs, high school programs and community activities. Over **1,000** safety products were distributed, including carbon monoxide and smoke detectors, health care kits, window blind cords, furniture wall straps and oral care kits. Over **1,000** safety brochures in English and Spanish were distributed through community events.

## **Hudson Breast Health Initiative**

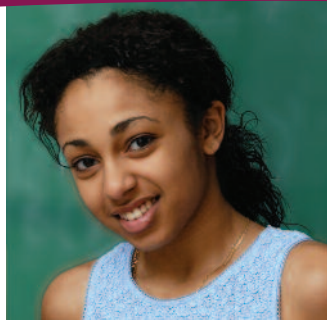
Breast cancer is the second leading cause of death in women. Minorities die disproportionately from breast cancer due to late detection. This program provides breast self-exam instruction to women of child-bearing age in an effort to promote early detection. Outreach and education was provided to **5,280** women on the importance of self breast exams, mammography and receiving a clinical breast exam. The initiative also provided bras, prostheses and wigs to **37** uninsured women. The “Tie-a-Ribbon” event was held in all **12** municipalities in Hudson County. Education and awareness was raised throughout the month of October through the display of pink ribbons with the support of all Hudson County mayors and municipal staff.

## NJCEED

The goal of the program is to provide uninsured residents of Hudson County who are 50 or older access to free breast, cervical, prostate, colorectal and uterine cancer screenings. Those who do not meet the minimum age requirement must have a family history of the cancers to be eligible for the program. Hoboken Family Planning, the leading CEED agency in Hudson County, contracted with HPC to provide outreach services. HPC has provided **162** educational programs on cancer to **9,323** individuals in 2009. In addition, **9,323** people were referred by HPC for breast, ovarian, colorectal, or prostate cancer screening.

## Not Even One: Black Infant Mortality Reduction Project

The goal of the Black Infant Mortality Reduction Program (BIMR) is to reduce fetal, neonatal and infant deaths in the African-American population. In 2009, BIMR staff provided education to over **400** women. A total of **133** were recruited into the program and **132** home visits were conducted. Educational topics included signs and symptoms of preterm labor, spacing pregnancies, risk reduction, prenatal nutrition, stress reduction techniques, managing preexisting medical conditions, childbirth education and preparation for labor and parenting. Interconceptional health was emphasized and preconception health education was encouraged. Childbirth education classes were conducted with **67** pregnant women attending six, five-week childbirth preparation classes. **578** prenatal patients were referred to community services. The BIMR program sponsored a professional conference titled Women of Color: The Road to Eliminating Birth Disparities, which **56** women's health clinicians attended.



### Yahira

*A great  
beginning.....*

Yahira left the Dominican Republic for a better life here in the United States. Having her first child in a new country without her family was very frightening for her. A friend told her about the Baby Basics Program at HPC. It provides a month-to-month guide for a healthy pregnancy to all minority women. An outreach worker met Yahira and provided her with support as well as important education. Yahira received the education and support she needed to have a beautiful full term 7 lb. 6 oz. baby girl.



**Gladys**

*Building a  
better future...*

Gladys is a 17 year old High School Senior who was referred to HPC's Teen Health Initiative, which provides weekly educational workshops for pregnant and parenting high school students. Gladys found out she was pregnant at the end of her junior year and was worried that her pregnancy had ruined her future plans to go to college. Thanks to the help and support from the Teen Health Initiative program, Gladys was inspired to continue her education and strive for a better life for herself and her baby. Gladys is now excited to start college in the fall while her baby attends the Jersey City Head Start Program.

## **Baby Basics**

In September 2009, HPC in collaboration with two MCH Consortia (with Gateway Northwest as the lead agency) and the What to Expect Foundation was awarded a grant by the Robert Wood Johnson Foundation to implement the Baby Basics curriculum to low-income prenatal patients throughout the county. The overarching goal of the Baby Basics curriculum is to improve prenatal health literacy and promote better birth outcomes among the most vulnerable women. In late 2009, **10** staff members of the HPC and **6** community partners received intensive Baby Basics curriculum training administered by the What to Expect Foundation. Community partnerships were established with the County's Federally Qualified Health Centers and community-based agencies that serve women and children. In 2009 program administrative tools were developed, such as reporting forms and evaluation tools. Direct client services will commence in 2010.

## **Wipe Out Lead New Jersey**

During scheduled home visits, Health Educators provide lead wipe kits to pregnant and parenting residents. Families receive a lead kit are given information on the dangers of lead dust and preventive methods. In cases of hazardous positive results, the Health Educator follows up with a home visit to provide the family with social support, an explanation of the lead test results, a referral for children in the home for blood testing, a review of lead safe-cleaning, and hygiene and nutritional practices. WOL sponsors

a monthly educational program that targets pregnant and parenting women, including tips on lead poisoning prevention and lead hazards. In total, **133** lead kits were completed, of those over 80 percent were returned and analyzed. Of those kits returned for analysis, **32** homes had lead hazards. One hundred percent of the families with lead burdened homes received follow-up services and referrals. There were **12** community education events and activities conducted throughout the county to educate families on lead poisoning prevention.

## **Pregnant Pause**

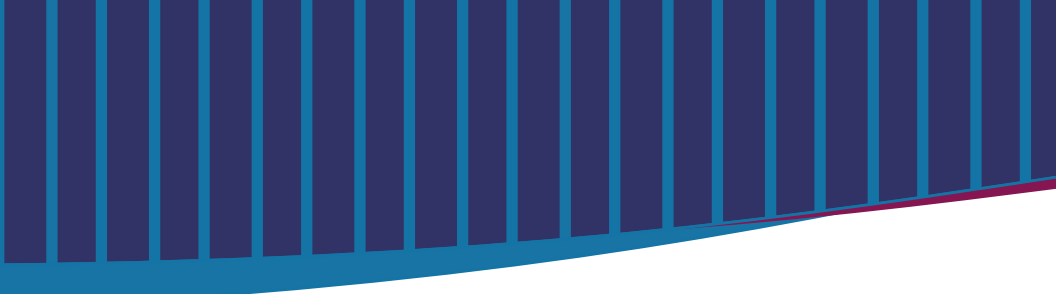
Pregnant Pause is an annual event sponsored by Healthy Mothers/Healthy Babies Coalition of Jersey City and the ARC of New Jersey. Pregnant Pause raises awareness about Fetal Alcohol Spectrum Disorder (FASD) and the importance of alcohol-free pregnancies. This community event promotes healthy lifestyle alternatives before, during and after pregnancy. In 2009 Pregnant Pause events were held for **150** pregnant women. Expert speakers provided education on Fetal Alcohol Syndrome and breastfeeding. Community based agencies participated and provided educational material. Each participant received a gift for their baby. Prizes were also distributed and included home safety and injury prevention tools, gifts for baby, child safety gates, playpens, and strollers. Participants played an interactive question and answer game for which they received a prize for answering questions correctly about healthy pregnancies and infant care.

## **Perinatal Mood Disorders (PPD)**

One in eight women in New Jersey will experience depression during her pregnancy or after giving birth. In 2006 a state law was passed requiring all birthing facilities to screen new mothers for postpartum depression prior to discharge. In 2009, **6,467** women in Hudson County were screened and of those, **173** women were identified as needing further evaluation or referral services for symptoms of depression.

HPC has contracted with several mental health agencies to provide services to women through new moms groups, individual counseling, home visits and outreach to immigrant populations. In 2009, a total of **368** individual counseling sessions assisted **142** women with their depressive symptoms. There was also a total of **47** new moms group sessions for over **80** moms and **22** therapeutic group sessions for **17** new mothers.

Nine professional programs and Grand Rounds educated **473** professionals on



PMD and PPD. Thirteen community programs educated **166** Hudson County residents. Informational brochures were distributed at health fairs and community events. HPC was featured on a Fox News Special on Speak Up When You Are Down in June 2009, and Mariann Moore, our executive director, was interviewed by WCBS-FM and Fresh 102.7 about PPD.

## **Each One — Teach One (EOTO)**

EOTO is a faith-based, train-the-trainer initiative that provides perinatal health care education and training to the members of the County's faith-based ministries. The goal of the training is to promote grassroots leadership within the faith-based community to address prenatal health. In 2009 The EOTO training presentation was translated into Spanish and made available to Spanish-language faith-based trainees. EOTO trainings were expanded to target the adolescent population and **125** participants of the Teen Health Initiative received EOTO training. Trainings were conducted at the Islamic Mosque and two Christian centers. In total, **10** faith-based advocates were trained as well as **125** parenting teens. The training consists of eight modules.

## **Nurse Family Partnership (NFP)**

Nurse Family Partnership is an evidence based community health program that provides support and services to first-time pregnant women. Each woman we serve is partnered with a registered nurse early in pregnancy and receives ongoing home visits for the first four weeks of her pregnancy, then biweekly for the remainder of her pregnancy and continues through her child's second birthday. The relationship between mother and nurse empowers the mother and is proven to foster effective decisions long after Nurse Family Partnership ends. The goal of the program is to improve pregnancy outcomes, reduce the incidence of child abuse and neglect, and support family self sufficiency.

# Professional Education

## Conferences

Local, regional and statewide conferences are sponsored throughout the year on topics of critical concern to obstetrical, neonatal and pediatric healthcare providers. In 2009, HPC offered **1,549** professional education programs to healthcare providers.

## Nursing

HPC is an approved provider of continuing nursing education by the New Jersey State Nursing Association, which is accredited by the ANCC Commission on Accreditation.

## Social Workers

HPC is an approved provider of continuing education for social workers.

## Addictions Professionals

HPC is an approved provider through the Addictions Professional Certification Board of NJ (APCBNJ) for recertification credits for the Licensed Clinical Alcohol and Drug Counselor (LCADC) and the Certified Perinatal Addictions Specialist (CPAS).

## Self-Study Modules

Understanding that nurses are often unable to attend educational programs off-site, HPC offers self-study modules on topics such as preterm labor, perinatal addictions, breastfeeding, diabetes in pregnancy and genetics. These modules are produced nationally by March of Dimes and are available free of charge to HPC members.

## Database Presentations

Our data consultant/nurse researcher is available to present data on regional trends in infant and maternal deaths, lack of prenatal care and neonatal and maternal transports. These important presentations help hospitals determine areas of needed improvement, providing valuable information about community risk factors.

## Consumer/Community Education

HPC provides health education to women and men, preconceptionally, prenatally and postpartum. We also educate community members through a variety of ways including small-group discussions, special events, health fairs and consumer-focused newsletters. In 2009, HPC staff reached **21,898** residents in Hudson County.

# Data Collection and Analysis

*HPC is mandated by the state to gather and analyze data for all of the births in Hudson County hospitals.*

## **Fetal Infant Mortality Review**

The overall goal of the FIMR project is to examine social, economic, cultural, safety and health systems factors that are associated with fetal, neonatal and infant mortality through review of individual cases. By planning interventions and policies that address these factors the committee seeks to improve the service systems and community resources. The FIMR Clinical Review Team held five meetings and reviewed **30** cases of neonatal, infant or fetal death. This year, in response to the FIMR findings, HPC provided physician education through grand rounds education at two teaching hospitals on the importance of preterm labor prevention and teaching fetal kick counts. HPC distributed educational material and conducted one-on-one education with pregnant patients on recognizing signs and symptoms of preterm labor and understanding fetal movement. Trained health educators conducted education on birth control options, spacing pregnancies and STI prevention.

## **Total Quality Improvement**

The total quality improvement program monitors and evaluates the quality and appropriateness of care in the region. Twelve maternal/infant indicators, such as breastfeeding rates and neonatal deaths, are reviewed and tracked over a thirteen-year period. All statistics and trends are aggregated and reported. Recommendations are then made to improve the quality of care in the region.

## **Hudson Regional Database Report**

Published annually, this report illustrates trends in maternal and child health in Hudson County and compares our outcomes with state and national benchmarks.

The report reflects information submitted by our five maternity hospitals on the electronic birth certificate. Each certificate contains close to 400 pieces of information about the birth, which are analyzed by both HPC and the NJ Department of Health and Senior Services.

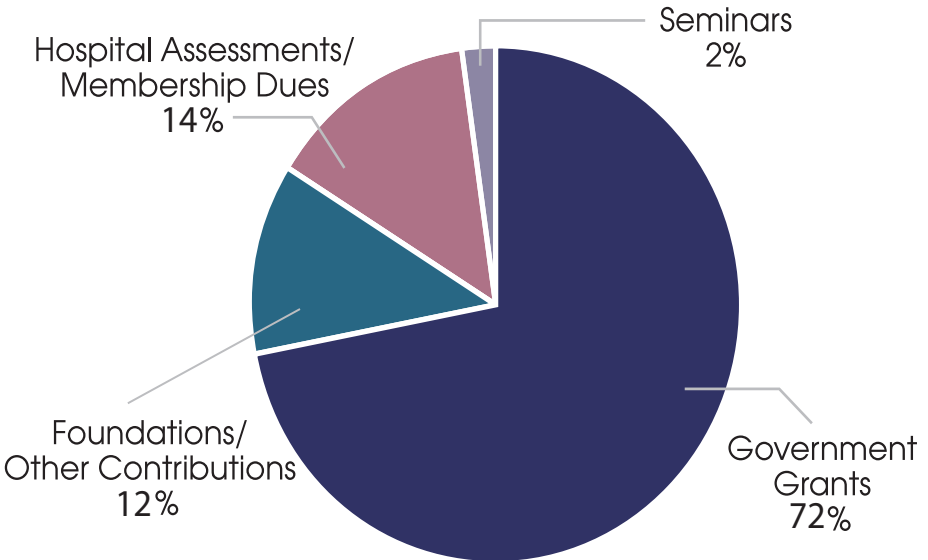
Information gained from this analysis drives our education and outreach efforts in the community.



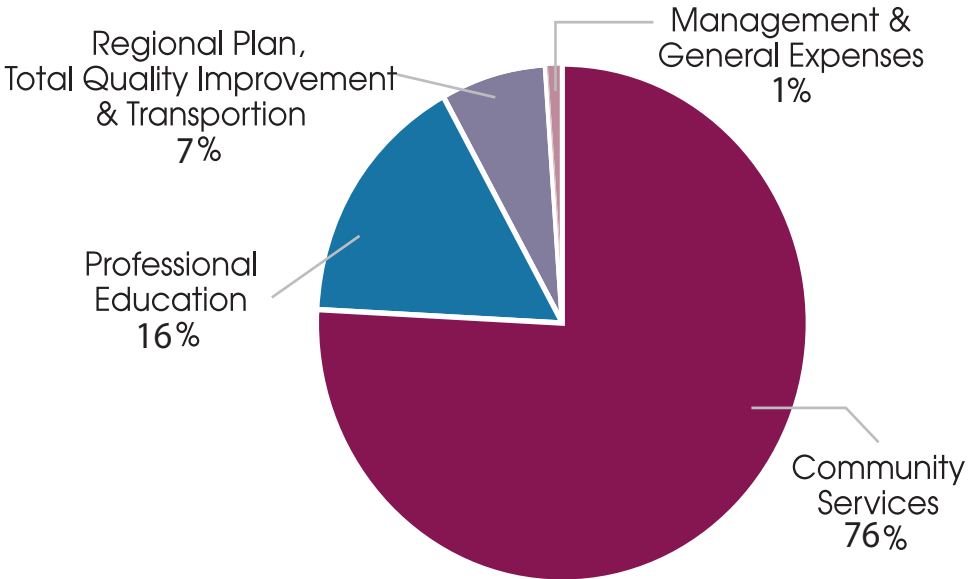
# Financial Summary

Year ended December 31, 2009

## Support and Revenue \$1,698,942



**Total Expenses  
\$1,595,827**



# Financial Support

## Advisory Committee (Fundraising)

Dominic Fonseca, Chairperson	Ideawell Consulting
Kirsten Micco	Capital One Bank
Benjamin Dineen	United Way of Hudson County
Susan Stone	Postpartum Support International
Kiameesha Evans	Consumer
Patricia Ciccone	Helpful Hands/NREIC

## Funders

### New Jersey Department of Health and Senior Services

Fetal Infant Mortality Review  
Healthy Mothers/Healthy Babies Coalition of Jersey City  
Hudson Breastfeeding Initiative  
NJ Web-based Immunization Registry  
Not Even One: Black Infant Mortality Reduction Project  
New Jersey CEED  
Perinatal Addictions Prevention Project  
Perinatal Mood Disorders: Education and Treatment Project

### Hudson County Department of Health and Human Services

Nurse Family Partnership

### New Jersey Department of Children and Families

Nurse Family Partnership

### New Jersey Department of Human Services

Office for Prevention of Mental Retardation and Developmental Disabilities —  
Child Home Injury Prevention and Safety Project



**Susan G. Komen for the Cure - North Jersey Affiliate**

Hudson Breast Health Initiative

**Association of Retarded Citizens of New Jersey**

Fetal Alcohol Syndrome Prevention — Pregnant Pause

**United Way of Hudson County**

Nurse Family Partnership

**Southern NJ Perinatal Cooperative**

Wipe Out Lead

**March of Dimes**

Each One —Teach One

**NJ Hosp. Assoc./Health, Research & Educational Trust**

CHIPRA

**Gateway-Northwest Maternal Child Health Network/  
RWJ Foundation**

Baby Basics

## Hospital Partners/Contributors

AMERIGROUP  
Andy's Modern Market  
Maureen Badaracco  
Bayonne Community Mental  
Health Center  
Bayonne Medical Center  
Michael Bimonte, MD  
Blue Claws  
Borough of East Newark  
Calle Ocho Restaurant, NYC  
Damali Campbell, MD  
Capital One Bank  
Care Plus NJ  
Guadalupe Casillas  
The Chart House, Weehawken  
Michele Chowanec  
Christ Hospital  
Patti Ciccone  
Maureen Cocco  
Addie Cody-Moseley  
Cohen, Doren and Addeo, LLC  
Karen Comer  
Community Cancer Support  
Group  
Charles Connant, MD  
Senator Sandra B. Cunningham  
Tom DeGise, County Executive  
Benjamin Dineen  
Maggie Khalil  
Kiameesha Evans  
Family Medical & Surgical Supply  
Zulima V. Farber, Esq., Lowenstein  
Sandler, PC  
Julie Fitzgerald  
Maureen Fitzsimmons  
Dominic Fonseca  
Saint Francis Marketing  
Garden Preschool Cooperative  
Governor's Council on the  
Prevention of Mental  
Retardation & Developmental  
Disabilities  
The Growing Tree  
Birdie Gunyon Meyer  
Health First  
Health Net of New Jersey  
Mayor Jeremiah Healy  
Helpful Hands  
Caroline Harpster  
Johannes Helst  
Hoboken Family Planning  
Hoboken University Medical  
Center  
Marie Hogarty  
Home Goods  
Horizon Health Center  
Horizon NJ Health  
Opal Horvat  
HSBC Bank  
Hudson County Child Abuse  
Prevention  
Hudson Cradle  
Hudson Healthcare  
Inserra Shop-Rite Supermarkets  
J.R. Recovery & Asset  
Management  
Jersey City Medical Center  
Arpita Jindani  
Helen Jones  
Judith King  
Just for You Center  
Lee Sims Chocolatiers

Liberty House Restaurant  
Lutheran Social Ministries of New  
Jersey  
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Manhattan Theatre Club  
McCarter & English  
Jeanne McMahon  
Meadowlands Medical Center  
Merrill Lynch, The DeMarco  
Group  
Mary Hess  
Metro Medical Supply  
Metropolitan Family Health  
Network  
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Brian Moore, MD  
Mariann Moore  
Trish Morris  
Patricia Moseley  
Deborah Murray  
Yolanda Navarrete  
New Jersey City University  
New Jersey Performing Arts Center  
New York City Center  
New York Giants  
New York Jets  
New York Red Bulls  
North Hudson Community Action  
Corp.  
Nurse Family Partnership  
Outback Steakhouse  
Palisades Medical Center

Pines Manor  
PSI  
PNC Arts Center  
Nicole Pratt  
Progressive Pediatrics  
PSE&G  
Rita & Joe's Italian Restaurant  
Emma Saldana  
Paul Silverman  
Jennifer Singer  
Stephanie Singer  
Skinner's Loft  
Steve Stella, MD  
Stephen Stone  
Subia's Organic & Vegetarian Food  
Store  
Alexis Noel Szepesy  
Shirley Tolentino  
United Way of Hudson County  
Allida Valentin  
Visiting Homemaker Service  
Wegman's  
Weleda North America  
Wild West City  
Robert Wilkens Insurance Agency  
Winning Strategies, PR  
Carol Ann Wilson  
Women Rising  
James W. Wood, CPA  
Sarah Yermal  
Yogi Berra Museum & Learning  
Center  
Yanira Zavala, Esq.  
Carol Ann Wilson

## HPC Staff

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Andrea Drenzek, BA	<i>Health Educator, March of Dimes Faith-Based Initiative</i>
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Zulma Lamela	<i>Outreach Worker, CEED/FIMR</i>
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Mariann Moore, MSW, ACSW, LCSW, CPAS	<i>Executive Director</i>
Jennifer Noel, RN, BSN	<i>Nurse Home Visitor, Nurse Family Partnership</i>
Josee Phanord	<i>Outreach Worker, black Infant Mortality Reduction Project</i>
Lillian Reyes, RNC, BA	<i>Nurse Supervisor, Nurse Family Partnership</i>
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Alexies Sanchez	<i>Breastfeeding Peer Counselor</i>
Jennifer Singer, BS	<i>Program Assistant, Teen Health Initiative</i>
Stephanie Singer, BS	<i>Program Assistant, Wipe Out Lead</i>
Allida Valentin, RNC	<i>Nurse Home Visitor, Nurse Family Partnership</i>
Sarah Yermal, RN, BSN	<i>Nurse Home Visitor, Nurse Family Partnership</i>

## Affiliated Staff

Yvette Cruz Ortiz NHCAC WIC Program  
Joanne Compres NHCAC WIC Program  
Tomas Villegas NHCAC  
Yajaira Gonzalez NHCAC WIC Program  
Ana Velazquez NHCAC WIC Program

*Lactation Instructor*  
*Breastfeeding Peer Counselor*  
*Outreach Worker*  
*Breastfeeding Peer Counselor*  
*Breastfeeding Peer Counselor*

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*Data Manager/Nurse Researcher*  
*Postpartum Depression Project*





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